

THE GOAL ACADEMY

COURSE OUTLINE

Programme:	Girls FC
Age Groups:	U8s/U10s/U12s/U14s/U16s
Age Range:	6-16 year olds
Gender Groups:	Girls only
Programme Length:	12 Weeks
Sessions Per Week:	1, 2 or 3
Session Length:	60mins
Start Date:	TBC
Venue:	TBC
Day/Time:	TBC
Cost:	Registration Fee – RM175 Programme Fee – RM350 Individual Session Fee – RM35
Discounts:	Sibling Discount 10%
Group Size:	Maximum group size - 16
Course Overview:	<ul style="list-style-type: none">• offers players a fun introduction to the game of football• covers all basic football skills whilst considering the particular needs of girls' football at all times• allows girls to have fun and develop at their own pace• emphasises fun at all times whilst developing football fundamentals• promotes speed and agility and enhances physical fitness through a variety of fun, soccer-specific drills• uses small-sided games in Mini Soccer for greater involvement
Course Features:	Players receive a Goal Academy Player Pack on registration (including football kit, ID Card, backpack, 'Goal File' and Soccer Zone membership) as well as a Certificate of Achievement and ' Player Profile ' on completion of the course.
How To Apply:	Apply online at www.thegoalacademy.com/join.html or download an application form and send it to: The Goal Academy Sdn Bhd, 8 th Floor, West Wing, Menara Rohas Perkasa, Jalan P. Ramlee, 50450, Kuala Lumpur.
Free Trial:	Call 03 2719 5612 or 019 272 2357 to book a free trial
Information:	Call 03 2719 5612 or email info@thegoalacademy.com