



<b>Programme:</b>	Tots F.C. Coaching Programme	
<b>Age Groups:</b>	U4s/U6s	
<b>Age Range:</b>	3-6 year olds	
<b>Gender Groups:</b>	Mixed	
<b>Programme Length:</b>	12 weeks	
<b>Sessions Per Week:</b>	1 or 2	
<b>Session Length:</b>	60 mins	
<b>Start Date:</b>	Term 3 – Tuesday 4 <sup>th</sup> August 2009	
<b>Venue:</b>	Samba de Futsal, Section 51A, PJ	
<b>Day/Time:</b>	Tues 4:00 - 5:00pm Weds 4:00 - 5:00pm	Fri 4:00 - 5:00pm Sat 9:00 - 10:00am
<b>Cost:</b>	Registration Fee RM150 Programme Fee RM350 Single Session Fee RM35	
<b>Discounts:</b>	Sibling Discount 10% 2 <sup>nd</sup> Session Discount 20%	
<b>Group Size:</b>	Maximum group size - 12	
<b>Course Overview:</b>	<ul style="list-style-type: none"><li>• offers a fun introduction to the game of football</li><li>• GA structured-play programme</li><li>• emphasises fun and skill development at all times</li><li>• develops motor skills</li><li>• promotes speed, strength and agility</li><li>• enhances physical fitness through fun soccer-specific games</li><li>• smaller groups for greater involvement</li><li>• uses small-sided, Mini-Soccer games to promote participation</li></ul>	
<b>Course Features:</b>	Players receive the <b>GA Player Pack</b> on registration, including football kit, backpack, 'Goal-File' and 'Soccer Zone' membership, as well as a <b>Certificate of Participation</b> on completion of the course.	
<b>Information:</b>	Tel <b>03 2719 5612</b> or GA Hotline <b>019 272 2357</b> Email <b>info@thegoalacademy.com</b> Website <b>www.thegoalacademy.com</b>	
<b>Free Trial:</b>	Call <b>03 2719 5612</b> or GA Hotline <b>019 272 2357</b> or apply online at <b>www.thegoalacademy.com/join.html</b> to book your free trial	

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